

Communion Assistants – Quick Guide

Before the Service: check in with the **Worship Coordinator** in the Narthex.

Communion Process

1. Come Forward

- After the Lord's Prayer, come to the altar and receive communion with the acolytes.
- At 8:30 worship, there are usually **2 assistants**. At special services or large weekends 4 assistants are needed to staff an additional station in the narthex.

2. Serving and Working with Acolyte

- Take a tray of wine/grape juice. Ensure **grape juice** is available.
- Continuous communion is normal practice.
- Stand between the Pastor/Worship Assistant and your acolyte.
 - Stand **one arm's length** from bread server.
 - Acolyte stands **3 feet** farther out.
 - Swap trays when yours is nearly empty or if you completely run out of wine or grape juice. Both options should always be available. Give the used tray to the acolyte and return their nearly full tray of empties to the altar when getting a new tray. Do **NOT** make the acolyte hold two trays.

4. Words to Say

- Say: **"The Blood of Christ, shed for you"** or **"The Blood of Christ."**

5. Serving in the Congregation

- Follow the Pastor/Worship Assistant to serve those unable to walk forward.

6. After Communion

- **Altar:** stack trays, replace cover, return to seat.
- **Narthex:** assist with communion ware, then return to seat.